

All these places offer free admission and may also have other facilities available for a charge (such as tea rooms, boat hire, golf etc)

Beddington Park and Grange Lake - Many facilities including a skate park, playground and indoor soft play. Pavilion cafe, heritage walk and boating lake.

Buckland, Windmill Church, Reigate Heath - The only church inside a windmill, worldwide. Collect the key from the adjacent golf club.

Burpham, Sutherland Memorial Park - Fenced play area with adventure play structure. Toddlers play area. www.guildford.gov.uk/sutherlandmemorialpark

Carshalton, Oaks Park Nature Trail - Walk of less than 3 miles through flora and fauna. Tearoom and Craft Centre. www.friendsofoakspark.co.uk

Caterham, East Surrey Museum - Regularly updated exhibitions of life in early East Surrey. 'Hands On' junior room. www.eastsurreymuseum.org.uk

Caterham, Queen's Park Fun Playground - Facilities for basketball, football, tennis and croquet. www.fieldsintrust.org/fieldsite/queens-park

Chertsey Recreational Ground - Putting green, tennis, cricket and football. Play equipment, with some for disabled children. www.runnymede.gov.uk Chertsey, Gogmore Farm Park - Play areas for toddlers and older children, tennis courts, multi-use games area and riverside walks.

Cobham, Cobham Mill - Restored working water mill. www.cobhammill.org.uk

Croydon Clocktower - Cultural centre, exhibitions, museum, live performances, art house films, library, cafe, bar and Information Centre. www.museumofcroydon.com

Dorking, Box Hill - Mature woodland and chalk downland with amazing views. Discovery Zone, Information Centre and café. www.nationaltrust.org.uk/box-hill

Egham, Runnymede Pleasure Grounds - On the Thames - playground with equipment and café.

Epsom, Horton Country Park - Golf, farm and riding centre. Countryside walks, events, activities and Information Centre.

Farncombe, Godalming, Broadwater Park - Separate adventure play areas for older and younger children. 10 acre lake and ducks to feed.

Farnham, North Downs Way - Trail of 45 miles with beautiful views. Well signposted and public transport for the less energetic! www.northdownsway.co.uk

Farnham, Alice Holt Forest Woodland Park - Forest walks, habitat trail and organised activities. www.forestry.gov.uk/aliceholt

Farnham and Hindhead (between), Frensham Great Pond - Part of Frensham Common. A beach to play on and build sandcastles - swimming from May.

Frimley, Frimley Lodge Park - Almost 60 acres with an adventure playground, pitch and putt, miniature railway, woodland, canal side walks and tearoom.

Godstone, Bay Pond - Nature study with pond life. Sensory garden, hay meadow and bird hide.

Guildford, Guildford Castle Grounds - Statue of Lewis Carroll's 'Alice' and historic bowling green. www.guildford.gov.uk/article/25594/About-Guildford-Castle

Hampton, Bushy Park - Ponds and waterways, woodland gardens with deer and children's playground. www.royalparks.org.uk/parks/bushy-park

Haslemere Educational Museum - Historical exhibits, geology gallery, natural and human history. www.haslemeremuseum.co.uk

Lightwater Country Park - Heathland, meadowland, ponds, children's playground, nature trail, finess circuit and Visitor Centre. www.lightwatervillage.co.uk/country-park.htm

Merton, Merton Abbey Mills - An historic arts riverside village with shops, restaurants and a colourful weekend market. www.mertonabbeymills.org.uk

Milford, Witley Common - Good nature trails, children's activities and an Information Centre. www.nationaltrust.org.uk/witley-and-milford-commons

Morden, Deen City Farm - Community project working farm, includes rare breeds, riding school and pre-arranged tours with a café and shop. www.deencityfarm.co.uk

Morden Hall Park - Parkland with nature club and guided walks. Craft workshop, holiday activities, Discovery Days, café and shop. www.nationaltrust.org.uk/morden-hall-park Mytchett, Basingstoke Canal Visitor Centre - Children's play area, narrowboat trips, tearoom and shop.

Reigate, Priory Park - Play areas, duck feeding, playing field, five-a-side football, skate ramp, basketball, walks and refreshments. www.reigate-banstead.gov.uk/priorypark Richmond Park - Largest open parkland in London. Fallow and red deer herds wander freely. www.royalparks.org.uk/parks/richmond-park